

ECHO OUTLAWZ



Echo Detachment
502d Personnel Services Battalion
4th Infantry Division (Mechanized)



Echo Family Readiness Group
Official Newsletter

April 2005

Volume I, Issue III



Commander's
Corner

Have you ever heard someone utter the phrase, "I'm just a volunteer"? The fact is, no one is just a volunteer. Volunteers are an indispensable component of the Army. Volunteerism has been a part of the Army lifestyle from the very start, with "camp followers" over 200 years ago. Volunteers accomplish a great deal and here are some examples:

- Volunteers provide military communities with valuable services that cannot only be measured in time and money but by personal satisfaction and increased quality of life for themselves and for the soldiers and families they serve.
- Volunteers gain valuable on-the-job training, a sense of purpose, and commitment to the soldiers and families, as well as a unique love of Army life.
- Volunteers have a deep love of country, which they apply to their work and share with others.

So remember, volunteers are still needed to assist us in accomplishing the many goals that we have.

Thank you,
CPT Gerald Galan

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FRG Leader's
Corner

Thanks to all who attended our 1st FRG meeting, it was well received and very informative. Thanks to Mrs. Karen Foreman for being our guest speaker.

Following the FRG meeting we had a number of spouses volunteer for various jobs, they are:

Lupita Collazo	Special Events
Esther Garcia	Fundraiser
Maritza Deharo	Phone-tree
Keshia Boyd	Hospitality/Welcome

Thank you ladies for volunteering. We still need a treasurer and alternate!!!!

Our first event was scheduled as an Easter Potluck at SFC Barnes' house, we had everything ready to go, unfortunately the weather would not cooperate and we were force to cancel.

In the next few months Esther Garcia will be heading up some fundraisers and we will need volunteers to help out. If you are able to help please let us know. You can reach me at 699-1728 or email mikegalan@hotmail.com

Thank you,
Sabina Galan



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Sergeants Time Training (STT)

M-16 Range

An effective unit marksmanship program reflects the priority, emphasis, and interest of commanders and trainers. Soldiers are required to qualify with their assigned weapon once a year. The proficiency attained by a soldier depends on proper training and application of the basic marksmanship fundamentals. During initial marksmanship training, emphasis is on learning the firing fundamentals, which are taught in four phases

- preliminary rifle instruction
- downrange feedback
- field firing
- advanced firing exercises

This prepares soldiers for advanced optic and laser training for combat-type collective exercises and real world deployments. The procedures and methods used in the Army basic rifle marksmanship program are based on the concept that soldiers must become skilled marksmen. FM 25-100 stresses marksmanship as a paramount soldier skill. The basic firing skills and exercises outlined in this manual must be part of every unit's marksmanship training program. As a commander, I must focus the basic and advanced marksmanship training programs to support our respective mission-essential task list (METL).



Sergeants Time Training (STT) Cont'd





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Family Highlights

- **Birth Announcements:**
Valerie D. Bouley 17 MAR
- **Birthday Announcements:**
Delynn Moore 5 APR
SPC Callozo 6 APR
SPC Kelso 7 APR
Franky O. Collazo 11 APR
Aisha Watkins 12 APR
Dinesty Moore 19 APR
Rashad Watkins 22 APR
Deshon Wilson 29 APR
CPT Galan 30 APR
- **Miscellaneous**

ACS Family Advocacy Program
Child Abuse Prevention Month
Presents the

**Child & Youth Safety
Poster Contest**

Theme:
"Creating a Safer World
for
Children and Youth"

- Age Groups:**
3-6
7-10
11-15
- Draw, Color, or Paint a picture of what child/youth safety means
 - 11' x 15' poster (provided by FAP)
 - Contest Begins 18 March 05
 - Deadline 18 April 05

POC: Heather Hoviss
Phone : 254-287-1763



Soldier Highlights

Congratulations to SPC Garcia and SPC Burnham for their recent victory at the promotion board. Great job!

Congratulations to SPC Benjamin, Burnham and Guy for her recent graduation from the Primary Leadership Development Course (PLDC). Great job SPC Burnham for making the Commandants list and also the Iron Soldier of cycle.

• ECHO SOLDIERS RE-ENLIST AND STAY ARMY!

Congratulation to the following soldiers on their re-enlistment!

SGT Ramirez Reclassification



• **Hails!**
None this month!

• **Farewells!**
With a heavy heart we wish the following families farewell as they move on from Echo Detachment, 502d PSB.
SFC Smalls — BDE S-1
SGT Akbar — Recruiting Duty
SGT Wilson — Retiring
SPC Buskill — Recruiting Duty
SGT Jones — ETS



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Recipe of the Month

Spring Recipe

CHICKEN AND RICE CASSEROLE

2 (14 1/2-ounce) can green beans, rinsed and drained
3 cups diced cooked chicken
1 medium onion diced and sautéed
1 (8-ounce) can water chestnuts, drained and chopped
1 (4-ounce) can pimentos
1 (10 3/4-ounce) can condensed cream of celery soup
1 cup mayonnaise
(6-ounce) box long-grain and wild rice, cooked according to package directions
1 cup grated sharp Cheddar
Pinch salt

Preheat oven to 350 degrees F.

Mix all ingredients together and pour into a greased 3-quart casserole dish.

Bake for 20 to 25 minutes or until bubbly.

Prep Time: 20 minutes

Cook Time: 25 minutes

Yield: 6 to 8 servings



Scheduled Events

6 APR

8 APR

12 APR

13 APR

14 APR

15 APR

15 APR

21 APR

22 APR

29 APR

29 APR

4 MAY

6 MAY

13 MAY

20 MAY

20 MAY

23-26 MAY

27 MAY

30 May

FRG Meeting

Leaders Reaction Course

Promotion Board
III Corps Welcome Home Ceremony
Mounted Land Navigation

Training Holiday

Income TAX Due!!

Bravo CofC

Engagement Skills Training

Army Physical Fitness Test (APFT)

Convoy Operations

FRG Meeting

Land Navigation

Convoy Operations & Risk Management

EST Training

HHD CofC

BN FTX

Training Holiday

Memorial Day

For more information pertaining to "What's Happening" at Fort Hood, go to <http://www.hoodmwr.com/acs/index.html>



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NCO Induction Ceremony

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The NCO induction ceremony is a celebration of the newly promoted joining the ranks of a professional noncommissioned officer corps and emphasizes and builds on the pride we all share as members of such an elite corps. The ceremony also serves to honor the memory of those men and women of the NCO Corps who have served with pride and distinction. The tradition of commemorating the passing of a soldier to a noncommissioned officer can be traced to the Army of Frederick the Great. Before one could be recognized in the full status of an NCO, they were required to stand four watches, one every four days. At the first watch the private soldiers appeared and claimed a gift of bread and brandy. The company NCOs came to the second watch for beer and tobacco and the First Sergeant reserved his visit for the third watch, when he was presented with a glass of wine and a piece of tobacco on a tin plate. Today, we commemorate this rite of passage as a celebration of the newly promoted joining the ranks of a professional noncommissioned officer corps and emphasize and build on the pride we all share as members of such an elite corps. We also serve to honor the memory of those men and women of the NCO Corps who have served with pride and distinction. Congratulations to SGT Ramirez & SGT Boswell who joined the ranks of the noncommissioned officer corps.



NCO Induction Ceremony Cont'd

